

# OUT OF THE BOX

QPAC'S FESTIVAL *for* CHILDREN 8 YEARS *and* UNDER

## Make Your Own Festival Box for drama, dance, music or art activities!

### Props Box

This could be as simple as a cardboard box from the fruit shop, an old suitcase or a plastic lidded-box. Fill it with hats, shoes, scarves, fabrics of different colours and textures.

*How do these props change the way you walk, talk, and interact when you wear them?*

### Shoe Box

In a box, keep shoes of different styles for dancing. Shoe with taps (glue a flattened bottle top onto the toes of some old shoes), soft soles, heavy boots, light slippers. Put some music CDs in the box that inspires movement.

*How do different shoes make you move? Heavy steps, light skips, slow or fast movements.*

### Music Box

Find a box that you can fill with a range of musical instruments, from rattles to saucepan lids, whistles, bongo drums and favourite CDs. Choose a time of the day when you listen to music together the same way you might set aside time at the end of the day for a story-reading.

*Instead of a speaking voice, use a singing voice for instructions, welcomes, and goodbyes throughout the day.*

### Paint Box

Paint the outside of a cardboard box to store different-sized paint brushes and other things like sticks and feathers to give variation to your paintings in texture and line - fine and coarse, thick and thin.

*Spruce up faded old tea towels with a new design using fabric paints.*

